Hopes

I hope D.T. over-sleeps everyday and we fire him.

I hope to look each other in the eye and work together to complete the works we are all doing.

I hope for a higher consciousness to take hold of this country not unlike the 100th Monkey Phenomena.

I hope for the awaken to awaken those that are asleep.

A teacher, Amy, posted some hopeful words last night at 10pm - already prepairing for repair. "Tomorrow I will continue and teach, continue to teach kindness and love, respect and acceptance, continue to teach that they are valued, loved and worthy. Tomorrow, I will teach. My greatest hope is that we will cling to kindness and wisdom - be desperate to love each other where we are.

I hope that the kind and patient, the wise and the knowledgable will find new ways to inspire and change fear into energy and work and building.

The aliens will finally recognize our need, and make contact, offering perspective and mediation to help us evolve past fear and hate.

I hope the future is bright for my children. I hope that the social progress we have made continues.

Hopes and prayers for young women and girls - that their futures remain bright, strong, beautiful, safe and filled with opportunity.

A wrecking ball smashing his wall.

To find the courage to continue raising my voice, speaking out, and bringing love and justice to the world.

Creation of a multi party form of government representation.

I have little hope, except maybe that Americans here who champion justice and pluralism will develop a stronger sense of unity with like-minded people abroad, in Europe, Africa, and Asia, then the struggle for justice and human rights will come closer to being a global, unified effort.

That the reality of Trump's "proimses" will make citizens realize the absolute need for compassion, love, inclusion. The "reality" will not meet their needs - will hurt them and all.

We build on "a wave" - all inclusive response that sets the stage for 2020.

Hope for deepening the relationships, strength of community, more singing

I hope that this is a true wake-up call to Americans especially the young of our country and the disenfranchised. I hope that this spurs people into postive action and participation in democracy.

People will be moved to action and a ground swell of opposition to hate will take hold and endure.

That we as a country will find a way to discuss issues and find solutions rather than do nothing as we have been.

My hope is that we will come together and love one another regardless of skin color, religion, ethinicty, sexual orientation. I believe America is good and will stand up for what is right. Only 1/2 of America voted for Donald Trump.

I hope that a new movement emerges that gives a genuine voice to the middle class who feel disenfranchized and that movement unites all people instead of scapegoating immigrants and minorities.

That good will triumph. That recognizing the potential for violence/polarization will decrease and congress will come together across parties. That the economy and education system will improve in middle America bringing the disenfranchised into the mainstream.

I hope that Lincoln was right when he said, "you can't fool all the people all the time." I hope that all the people who feel marginalized and oppressed fail to stay invisible to those in power.

My hope is that Trump's victory will result in some of his supporters finally feeling "heard" and included, so they can move forward with less hate, less fear, for us all.

1. That being gay and being Jewish will not stop me from feeling like I belong; that I can live out those identities throughout my life fully and without fear. 2. That I can marry the person I love. 3. That community and love and difference can all coexist. 4. That this bizarrely brings us closer together and makes us more ready to fight. 6. That people will listen.

Our country has suffered many difficult times, our peole have paid dearly for injuries both physically and emotionally. However, we have sufferred always with hope for a better future and have many times been rewarded. We have experienced a president of, for and by the people. We will again, in the future, have peace.

1. Next generation is smarter than this generation - unites behind progressive candidates and causes and fights to protect the vulnerable people of the US. 2. Elizabeth Warren wins presidency in 2020. 3. Turenover Senate and House 2018. 4. 0 more loss of Supremee Court justices. 5. 50% of US who did not vote in 2016 WAKE UP and vote in future elections.

Trump will be convicted of sexual assault, arrested and disqualified.

1. That new and previously unimagined coalitions of left and right will emerge to fight for and obtain real and postive change. 2. That a solid educational system that teaches civics and civil discourse is fully funded and available and demanded by all generations. 3. That we will finally join together to addddress racism, sexism, and anti-Semitism.

I'm not feeling particularl hopeful at the moment, but my hope is we can turn this devastating result into the inspiration we need to strenthen our communities - locally and nationally to rise up against the bigotry, racism, Islamophobia, homophobia, sexism, lies and moral failures. We are so much better than this.

Hope is always alive. Times like this can galvanize people to connect w/each other and to take action. We will find our inner strength to transcend limitations and step into our own leadership to fight for what is dear to us. These obstacles can actually jump start our evolution. We will move past polarization and seek common ground.

I hope that this planet can endure the next 4 years; the next election will go better; peace will prevail.

Hopes: 1. That he is mostly bluster. He has no values nor believes in anything he says. So the right leaders will learn how to use this narcissism so he feels appreciated and steer their sane ideas to him in a way that he thinks he came up with them. 2. That moderate Republicans and Dems join together for the good of the country. 3. That we each take care of ourselves so we reamin clear thinking and have the energy to do what is needed. Do yoga. Take walks. Listen to music. Good sleep, etc. So we can be the light and have the strength to stand up for what is right.

I hope 1. The system of checks and balances will remain intact. 2. Congress will not vote to build a border wall. 3. That those who voted for him will recognize their mistake.

1. I hope that those of us who choose love over divisiveness, and fact-based decision-making over fear-mongering will find our way foroward. 2. I hope that we can make changes in big and small ways, that counteract our President-elect and his mission. 3. I hope i can be a postive agent of change.

I hope to one day understand those I disagree with, and that one day they will try to understand me. I hope to teach the next generation to value understanding. I hope to leave a postive mark on everyone whose path I cross. I hope I can find some way to make a meaningful difference.

I hope that there will come about an enlightenment that opens up hearts and minds to the most noble values of our country - empathy, compassion, collaboration, and group action to achieve the common good.

Community - deep deep caring - connections - breath - being (and the count down clock has begun until the next election.)

I hope I sleep well and when I wake up there will be no large events.

- 1. That Donald Trump will behave differently as The President than he did as the candidate.
- 2. That the many opposing factions of our society that have clearly bubbled up to the surface will begin to truely <u>see</u> and have compassion for those that are different from themselves.

My hope is that Trump is as much bluster as he appears or realize he will be a failure in history and decides to buck tea party and his supporters (a la Nixon to China). I can hope, can't i?

World View - Sept 11, 2001 by Melinda Holman. Out therre/along the horizon/a slender line of crystal stretches./ Here, on shore/it is dim and cold/when the wind stirs. Out there, waves sing/against a blue sky/that looks grey/from here/out there/ out there. Hope dances.

1. I hope that those harmed in these next years come together to work for hopeful changes. 2. That we hang together rather than hanging separately. 3. That we listen to each other, across the lines that divide us. 4. That we make it through these coming dark years with hope.

There is a sense that since Trump has no moral core, nothing but self-interest that guides him, he may surprise us if the wise among the leadership can find a way to use his ego to do good. This is a faint hope but I hold on to it.

I hope peace and love will, in time, diminish the power of fear and hate that has just prevailed.

People come together many voices to make meaningful change.

I am a cautious optimist; and the glass may be way less than half-full but I hope it is never drained. Love, hope and compassion will contine to fill, though it will/may take time.

There is nothing else buy hope. All else is lost. Only hope remains and even that cannot be articulated. The loss of words is beyond hope. What else is there?

Hope for a resurgence of compassionate, lovingkindness to all beings.

I hope that Hillary supporters, Bernie supporters and Trump supporters will come together in this growing crisis to make needed changes that leave no one behind.

What I hope for right now: compasionate action, forbearance, resilience in the face of fear.

I hope these times will inspire people of good will to rise to the challenge of being courageous and good in the face of division and despair, with a new honesty.

- 1. Trump is a galvanizing force for opposition to him and advancement of a range of civic virtues. 2. A new way evolves for coping with the need for a democratic response to economic/social globalization.
- 1. I hope that I and my communities of smart, strong and brave people will continue to fight the good fight, and never give iup on our ideals. 2. I hope that our collective values: justice, compassion and equality will win and win and win over hatred, bigotry and fear.
- 1. It won't be as bad as we fear. 2. That balance of government will be restored soon. 3. That enough people will step up. 4. That other leaders in our country and in other countries will prevent the massive damages we fear. 5. That vast numbers of peole will come to understand the great good they can do with simple kindness.

I hope our president-elect will recognize his station, and finds compassion along with wise advisors.

1. As human beings we want connection with others! Hate, fear and mistrust chords were struck and many will come together. 2. Also love, compassion and trust are present and also bring people togerher as tonight! 3. Much healing is necessary but hope is also present. 4. Let's work together to heal our communities and nation. It can be done.

My hope is that the shock and pain of the election will quickly be surpasssed by postive and loving social change.

1. Hope for peace. Especially peace for <u>all</u>. 2. An increased safety net for <u>all</u>. 3. Maintain and improve policies. 4. Reform of political system to increase fairness.

I hope man will seek to learn from this obscene assault on our freedoms. I hope people fight. I hope Trump is overthrown.

I hope Trump surrounds himself with excellent advisors and listens to them.

Trump will use his leverage over Congressional leaders to actually break the gridlock and govern from the center.

Desires/Needs/Other

I can't think about hopes or fears. Only feelings and needs right now. Hope: I wake up and this was a bad dream.

Desires/Needs: to criy, talk in small groups, maybe sit in a circle; to look into each others eyes and acknoledge the shock and pain.

Fears

Hate, isolation

Loss of health care for my daughter and my brother

1. I have no hope. 2. "They" will get what "they" want. 3. I don't like surprises. 5. SAD for women - mad at white men.

I have so much fear and loathing for my fellow citizens - almost half of all voters - who actually voted for a fraudulent, clownish, evil, vapid, manipulative, power-hungry, vacuous person who is worthy of being a banana republic tyrant!

My fear is that my children will lose all hope and faith.

Increased hatred. Driven from home. Irreversable damage to people, environment, through policy

I fear people will not be able to get health care

I fear for an increase in racism and anti-Semitism.

Social Security and other social programs like health care will be eliminated.

Bullying and sexist behavior will become the norm. Perhaps leading to more war.

I am scared of war for our country. My son is in the military and I fear that military action will be taken foolishly. I fear for him and for all of us.

I couldn't settle enough to sleep last night. I feel like a deer caught in the headlights. I felt that way on 9-11-2001. I fear worse result is coming than in 2001.

1. That it will be as bad as we fear. 2. That inept, uncompassionate, power-hungry people will be put in positions of Sec of State, AG, etc. 3. That the country will get more and more divided. 4. That so much of the good changes we obtained in the last 8 years will be rolled bakc. 5. That Trump will get to pick 3 Supreme Court judges and that the Dems won't block them if they are frightening and way-to-the-right choices. 6. That people will not unite and protect one another.

I am worried that I have been deeply mistaken about what my country stands for. I tried to comfort my children by telling them that what has happened would be impossible. I feel naïve and foolish and cannot tell what else I have been wrong about.

I fear: 1. health care will be deprived to millions; 2. bigotry and racism will be the norm. 3. our planet won't recover. 4. retirement savings won't be enough 5. Social Secuirity and Medicare are threatened.

I fear that prejudice against my identify as a nonbionary person will grow and that I will become physically unsafe just by reamaining true to myself. I fear that I and those I love will be denied rights and protections because of their identities.. I fear that my anxiety and depression will beat me when combined with an administration based on values that directly oppose mine. I fear that my education and career opportuntieis will be jeopardized by our nation's choices.

I fear the culture will resist the change needed to restore a <u>shared</u> sense of the common good and common ground.

Fears - too many. For my friends who are living, working, loving, studying and participating in our country - but without the benefit of legal papers. For the possibility of loss of a peace and even friednship with Iran. For the loss of federal help to the most vulnerable among us. For the loss of ability to see us as one - but only as "us" and "them." For the use of people as scapegoats seen as the cause of all problems.

Hate and violence against women and minorities will increase and people will be paralyzed by fear.

I fear a country (my country) so steeped in racism, misogynism, anti-Semitism, Islamophobia, all the hatred spewn from the mouth of a maniac, now the President, the Leader of the Free World. I fear a future in this county. I fear, I fear, I fear.

<u>No</u> lives matter. Not people, not animals, not anything in nature. <u>Nothing</u> matters. This is what I fear.

1. Thermonuclear war. 2. Nuclar proliferation. 3. Massive domestic violence - from effort to deport millions and from racial strife. 4. Loss of health care for millions. 5. Increase in sexual violence.

I fear... that I know that the next one or more supreme court appointees will do terrible, longlasting damage to our democracy.

1. Nuclear holocaust. 2. Environmental destruction we can't stop/reverse. 3. Eliminating Obamacare upon which I depend. 4. Personal safety. 5. Community safety. 6. Attacks on others. 7. triggering of trauma for women who have been assaulted and new assaults.

I fear the violence that comes from hate. I fear the loss of faith. I fear it will be too late dealing with climate change.

Fear for the synagogue and our safety here now.

My children being raised in a country with fear, injustice, bigotry accepted and embraced.
I fear stagnation and the struggle to overcome it. I fear the decisions I will have to make tomorrow.
1. Another recession. 2. People already hurting being hurt more. 3. My friends not feeling secure or safe. 4. My children being badly affected by poor leadership and glorifying thuggery. 5. The three brances of government potentially being influenced and/or run by a small section of poor leaders. 7. My health being negatively affected by the long series of bad events since 9/11 especially if this makes more coming up.
I fear that the country will become an even scarier place for minorities.
I fear we will need to flee this place, as my ancestors fled during the Russian Revolution.
I am afraid that we will see and hear more and more hate. Hate speech and hate crimes. I am also afraid that I won't know what to say or do when confronted with hate-full words or actions.
I fear that Trump, like Bush, will find a reason to start another unwinnable war, an unfounded military conflict that we pay for in broken lives.
I fear increased miltarization of police, all over the country, directed as peoceful protestors as we have seen in recent days terrorizing and oppressing Native American and allied water protectors trying to stop the Dakota Access pipeline.
I fear today is like a snowball about to go downhill and soon to crush all the good deeds performed by our current president.
All of us are harmed. My child loses her right to choose.

What I fear right now: uncertainty, powerlessness

That the EPA laws for clean air/water, protection of our federal lands will be decimated and that our natural and wild places of nature will be taken from us; that businesses will increase pollution to increase profits, and that climate change will be ignored.

Fear of 1. More awful things happening. 2. Permission, assent given to those who would commit physical, psychological or financial harm to others. 3. permission, collusion to bullying. 4. Further deterioration of mental health in our society. 5. Physical or other harm to me, or to my family

My fears are many at this time: 1. That our children will learn fear and hatred instead of love and kindness. 2. That our fears will multiply and create ever more division in this country. 3. That Trump will follow thorugh with even one of his horrific pronouncements.

1. That the radical right supreme court will take away basic civil rights for a generation. 2. That war will break out and nuclear weapons are used by our govt. 3. That our system of checks and balances will fail. 4. I fear for our children.

That the continued destruction and loss of wild and public lands will accelerate, that natural places and species and spaces will be lost to development and private interests.

I fear: 1. He will breed a culture of hate. 2. He will keep his promises. 3. He does not care about minorities

Donald Trump building a wall.

I am afraid that the voiceless will lose their power. Unless - we create a strong community to protect each other and advance the giving of care to everyone in our midst.

Concerns: Our country hates women, LGBTQ, people of color, anyone who's not a rich white man. Fears: all the people I love becoming more and more disenfranchised.

Feelings: reckless, aggressive, terrified, traumatized, wrecked, abandoned

Fear: 1. people being targeted based on political ideology or religion. 2. Escalation of hate crimes. 3. Further division of country. 4. More homelessness. 5. more poverty. 6. decreased social sefety net. 7. Loss of hope, access to health care. 8. Nuclear war.

I fear the seductive power of rage will produce more converts.

I fear harm done to us and our fellow humans.

I fear that I will be hurt by those I try to help.

Feelings: frozen, shock, dissociated, unable to think, grief stricken, targeted, raped, assaulted, unloved, abused

My fear is turning our country back 100 years and losing the freedoms too many of us have taken for granted. My fear is environmental degradation. My fear is for others w/o the resources that I have.

1. That people won't get what they deserve - that you can work so hard and be so qualified and still fail because of anger and hate...2. That we're too polarized to ever heal - two fundamentally different world views have reached their breaking points. 3. That a woman will never be president. 4. America is too broken and was designed broken and we're seeing its inevitable end.

Trump will make grave foreign policy shifts placing the US and its allies in a dangerous place - thus igniting more world upheaval and jeopardizing our leadership as a beacon of hope and moral strength

1. 20 million people kicked off of health insurance. 2. Women lose reproductive rights. 3. Fear suppresses dissenting voices. 4. What is left of the "free press" is further disintegrated. 5. Lose freedom of religion, speech, and marriage. 6. war breaks out in new areas. 7. Global warming accelerated. 8. more homeless people on streets. 9. People with mental illness lose access to care.

I will be fine but I fear for those who are vulnerable

I fear this republic has reached a point of no return. I fear the rise of the so-called alt-right. I fear the hateful glances at one another have transofmed into hateful actions. Anti-Semitism is on the rise, anti-Zionism is common place, People wish to once again delegitimze us as people. I fear the Trumpists are too obstinate, they will not waiver. I fear the inaction of the left. The left doesn't arm itself, which frightens me. I don't want my friends to be defenseless.

I fear that our rights as a diverse society will be stripped. Reproductive rights, LGBTQ rights, religious freedoms, gender equality - will all be negatively impacted. I fear that anti-Semitism and Islamaphobia will grow. I fear that the laws that currently protect our environment will be changed. We will do nothing to prevent global climate change. We will become isolationist.

I fear that one misguided man will have the power to destroy the love already in place and yet to come. I fear even more division between all humans, animals and environment.

America just elected a narcissistic authoritarian - a Mussolini or Berlusconi with nukes. I fear accelerating unstoppable climate change. The end of NATO and the Western World. The danger of a nuclear exchange because of an angry rash decision . Mass deportation. Huge suffering as health and social spending is cut while military spending balloons. A far less hopeful world for our youth. A new anti-Semitism unleashed.

That hatred, indiffereance/apathy, fear, misogyny, unconsciousness, unkindness will prevail. Persecution and exclusion will be normalized. The human race and life on earth itself is threatened in a volatile narcissist with his finger on the button, and with climate change past the tipping point.

Hate breeds hate. Hate feeds hate. There is so much hate tearing the world apart. I fear that as we meet that hate with anger and militarism the world could indeed go up in flames.

- 1. I fear that my children will fear for their own safety and freedom as well as their friends. 2. That ppl will become complacent after the initial shock wwars off. 3. For my safety as a Jew.
- 4. I fear how hatred is coming out of the woodwork.

Fear of retaliation for those who supported Hillary. Fear of using angry people by empowering them to spy on the population.

Fears: Too many to count. The collapse of our nation, world - hate triumphing. Broken hearted.

That the most vulnerable will not be safe - that the bullies and "haters" will become stronger and stronger - that the darkness will deepen.

I fear the United States has fallen like many civilizations in the past have.

I fear for others not for myself. I fear for the immigrant family that may be deported or separated. I fear for the well-being and safety of my gay daughter and her family.

I have a bleeding heart. I have no hope. I do not want to give in to despair. Help me.

1. ANGER - at family, at those who voted for him; 2. DESPAIR - for not seeing the truth. 3. FEAR FOR DIVERSITY 4. CONFUSION - What's the matter? Anger at all the women who voted for him. The <u>ignorance</u>.